#### **About SPLC**

Senior Persons Living Connected is a not-for-profit organization that cares deeply about the well-being of seniors and provides programs and services that meet the diverse needs of older adults and their caregivers. For more than 35 years we've provided affordable housing and been actively involved in supporting independence.

" My mother had a stroke last year. I really did not want to put her into a nursing home. Ever since I used the personal care services at SPLC, I can have peace of mind while working because I know she is well taken care of at home.



# Sign Up Today

Our team can provide you with the information you need to receive our services or to get further support for a loved one.

To get started, please call us or visit our website.

- (416) 493-3333
- info@splc.ca
- www.splc.ca
- Y Senior Persons Living Connected 3333 Finch Avenue East Scarborough, Ontario M1W 2R9

			Steeles Ave			
			Finch Ave E			
Hwy 404	Victoria Park	Pharmacy Ave	Sheppard Ave	Warden Ave	Birchmount Rd	Kennedy Rd
			Hwy 401			







# Home Support Services

Enabling independent living by helping you with daily activities

# www.splc.ca 416 493 3333

everyone here belongs





#### Follow us on social media

- www.facebook.com/splcweb

#### About the Service

Our Home Support team delivers sensitive, caring aid to anyone coping with health problems, adjusting to lifestyle changes, or dealing with ongoing physical and/or social needs. We assist people living at home or in a healthcare facility - providing essential support services to them and to their caregivers.

I appreciate the excellent service provided by Senior Persons Living Connected. I would also like to express my gratitude for my PSW who is always punctual, diligent, and considerate.



# Ways We Help

- Escorting to appointments
- Bathing
- Dressing
- Toileting
- Medication reminding
- Meal preparation
- Companionship
- Grocery shopping
- Laundry
- Light housekeeping

#### Benefits

- Personalized Service Plans based on an assessment of your abilities and needs
- Reliable Service professional staff provided with ongoing training to ensure safe and quality service
- Support and Information access to resources and other services to better support you



### Cost

Personal care is \$19.00/hour and Homemaking is \$18.00/hour.\*

\* Subject to change without prior notice. Please call us at 416-493-3333 to confirm pricing.

# **Primary Service Area**

This service is primarily available in the area between Steeles Ave. E. to Ellesmere Rd. and Don Mills Rd. to McCowan Rd.



#### **Everyone Here Belongs**