Περπατάμε μαζί για τους ηλικιωμένους μας

13th Annual 為長者步行籌款

**Neighbourhood Walk** 

முதியோருக்கான நடை for Seniors நிகழ்வு

## Thursday, June 25, 2015 10:00am-1:00pm

More info
www.splc.ca

416 493-3333

info@splc.ca

L'Amoreaux Cent

Pledge forms available at St. Paul's L'Amoreaux
Centre's Customer Service Desk, 3333 Finch Ave. E.

Free Lunch

- Choose 1 of 3 routes to walk
  - \$20 minimum pledge
  - first 100 participants will get limited edition t-shirt
  - Online registration, pledging and donations can
  - be done at http://www.splc.ca/walkforseniors

## Help us transform the lives of seniors in our community

Grab your comfy shoes, a bottle of water, hat and join staff, clients, volunteers and community friends as we raise money to help transform the lives of vulnerable seniors in our community. Our annual neighbourhood walk is our biggest fundraiser of the year and is also a great way to stay physically active, connect with your neighbours and make a difference.

One walk really can change a life!