

**For More Information:**

**🕾**416-493-3333 or email elsa@splc.ca

Every 4th Wednesday, 2:00pm – 3:00pm

St. Paul’s L’Amoreaux Centre – Seminar Room C

3333 Finch Ave E, M1W 2R9

January 22, February 26, March 26, April 23, May 28, June 25,

July 23, August 27, September 24, October 22, November 26, December 24

Are You a Tamil-speaking Senior who wants to join exercise classes, celebrate special events or attend health talks?

Please Come and Join Us.

**Tamil Seniors Support Group**