



Filipino Community Gathering
SPLC (Senior Persons Living Connected)
3333 Finch Avenue East

Come and Join Us

- Meet new friends
- Renew old acquaintances
- Share experiences
- Learn new exercises
- Bring food to share (optional)

Date	Time
Sep 12, Thu	10:00am – 11:30am
Oct 10, Thu	1:30pm – 3:00pm
Nov 14, Thu	1:30pm – 3:00pm
Dec 12, Thu	1:30pm – 3:00pm

Filipino older adults, seniors and caregivers are welcome!

For more information or to register:

Call **416 493 3333** x 305

Or email at elsa@splc.ca

