

Brain Health FREE ZOOM Workshop (English)

Date: April 29, 2021 (Thursday)

Time: 10:30am – 11:30 am

Venue: ZOOM

Speaker: Nouchine Davarpanah
Public Education Coordinator
Alzheimer Society of Toronto



Content:

- Basic Knowledge of Alzheimer's disease and dementia
- True or false questions about Brain Health
- Things and activities that promote brain health
- Fun Brain Activities

**Older Adults, Seniors and Caregivers of aging relatives
are welcome!**

For more information, / registration: please call Yoon Shin Lee
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or E-MAIL: yoonshein@splc.ca before April 27, 2021