



## 2020 Filipino Community Support Group

**SPLC – Seminar Room C**  
3333 Finch Avenue East

Do You Want to be a part of a group who speaks your language  
and share your interests?

**Come and Join Us**

**On the Second Thursday of Every Month**

Jan 9, Feb 13, Mar 12, Apr 9, May 14, Jun 11  
Jul 9, Aug 13, Sep 10, Oct 8, Nov 12, and Dec 10

**10:00am – 11:30am**

Meet new friends  
Renew old acquaintances  
Share experiences  
Learn New Exercises

**Filipino older adults, seniors and caregivers are welcome!**

For more information or to register,  
please call **416 493 3333** x 305

Or email at [elsa@splc.ca](mailto:elsa@splc.ca)

