

**SPLC (Senior Persons Living Connected)
SCWW (Seniors Centre Without Walls)**

Teleconference Schedule for July 2020

For More Information: Please Call Elsa at (416) 493 – 3333 ext 305

Or email at elsa@splc.ca

Mon	Tue	Wed	Thu	Fri
		1 CANADA DAY	2 Wellness Group (English) (English) 1 st & 3 rd Thu 1pm-2pm	3 Chinese Karaoke 4pm-5pm
6 Calvary Korean Support Group 10am-11am Cantonese Caregiver Support Group 4:30pm-5:30pm	7 Wishing Well Mandarin Support Group 4pm-5pm	8 Mandarin Seniors Wellness Group 10am-11am Sri Lankan Support Group 2 nd & 4 th Wed 4pm-5pm	9 Wellness Group (Cantonese) 2 nd & 4 th Thu 2:30 to 3:30pm Tamil Seniors Support Group 2 2 nd & 4 th Wed 4pm-5pm	10 Chinese Karaoke 4pm-5pm
13 Calvary Korean Support Group 10am-11am	14 Wishing Well Mandarin Support Group 4pm-5pm	15 Mandarin Seniors Wellness Group 10am-11am Tamil Seniors Support Group I 1 st & 3 rd Wed 4pm-5pm	16 Wellness Group (English) 1 st & 3 rd Thu 1pm-2pm	17 Chinese Karaoke 4pm-5pm
20 Calvary Korean Support Group 10am-11am Cantonese Caregiver Support Group 4:30pm-5:30pm	21 Wishing Well Mandarin Support Group 4pm-5pm	22 Mandarin Seniors Wellness Group 10am-11am Sri Lankan Support Group 2 nd & 4 th Wed 4pm-5pm	23 Wellness Group (Cantonese) 2 nd & 4 th Thu 2:30 to 3:30pm Tamil Seniors Support Group 2 2 nd & 4 th Wed 4pm-5pm	24 Chinese Karaoke 4pm-5pm
27 Calvary Korean Support Group 10am-11am	28 Wishing Well Mandarin Support Group 4pm-5pm	29 Mandarin Seniors Wellness Group 10am-11am Tamil Seniors Support Group I 1 st & 3 rd Wed 4pm-5pm	30 Wellness Group (Cantonese) 2 nd & 4 th Thu 2:30 to 3:30pm	31 Chinese Karaoke 4pm-5pm