

**SPLC (Senior Persons Living Connected)  
SCWW ( Seniors Centre Without Walls)**

**Teleconference Schedule for July 2020**

For More Information: Please Call Elsa at (416) 493 – 3333 ext 305

Or email at [elsa@splc.ca](mailto:elsa@splc.ca)

Mon	Tue	Wed	Thu	Fri
		<b>1</b> CANADA DAY	<b>2</b> Wellness Group (English) (English) 1 <sup>st</sup> & 3 <sup>rd</sup> Thu 1pm-2pm	<b>3</b> Chinese Karaoke 4pm-5pm
<b>6</b> Calvary Korean Support Group 10am-11am  Cantonese Caregiver Support Group 4:30pm-5:30pm	<b>7</b> Wishing Well Mandarin Support Group 4pm-5pm	<b>8</b> Mandarin Seniors Wellness Group 10am-11am  Sri Lankan Support Group 2 <sup>nd</sup> & 4 <sup>th</sup> Wed 4pm-5pm	<b>9</b> Wellness Group (Cantonese) 2 <sup>nd</sup> & 4 <sup>th</sup> Thu 2:30 to 3:30pm  Tamil Seniors Support Group 2 2 <sup>nd</sup> & 4 <sup>th</sup> Wed 4pm-5pm	<b>10</b> Chinese Karaoke 4pm-5pm
<b>13</b> Calvary Korean Support Group 10am-11am	<b>14</b> Wishing Well Mandarin Support Group 4pm-5pm	<b>15</b> Mandarin Seniors Wellness Group 10am-11am  Tamil Seniors Support Group I 1 <sup>st</sup> & 3 <sup>rd</sup> Wed 4pm-5pm	<b>16</b> Wellness Group (English) 1 <sup>st</sup> & 3 <sup>rd</sup> Thu 1pm-2pm	<b>17</b> Chinese Karaoke 4pm-5pm
<b>20</b> Calvary Korean Support Group 10am-11am  Cantonese Caregiver Support Group 4:30pm-5:30pm	<b>21</b> Wishing Well Mandarin Support Group 4pm-5pm	<b>22</b> Mandarin Seniors Wellness Group 10am-11am  Sri Lankan Support Group 2 <sup>nd</sup> & 4 <sup>th</sup> Wed 4pm-5pm	<b>23</b> Wellness Group (Cantonese) 2 <sup>nd</sup> & 4 <sup>th</sup> Thu 2:30 to 3:30pm  Tamil Seniors Support Group 2 2 <sup>nd</sup> & 4 <sup>th</sup> Wed 4pm-5pm	<b>24</b> Chinese Karaoke 4pm-5pm
<b>27</b> Calvary Korean Support Group 10am-11am	<b>28</b> Wishing Well Mandarin Support Group 4pm-5pm	<b>29</b> Mandarin Seniors Wellness Group 10am-11am  Tamil Seniors Support Group I 1 <sup>st</sup> & 3 <sup>rd</sup> Wed 4pm-5pm	<b>30</b>	<b>31</b> Chinese Karaoke 4pm-5pm