



腎臟健康與慢性腎病 (粵語講座)

內容：

- 腎臟的功能與運作
- 慢性腎病及其風險因素
- 預防或減低患上慢性腎病的機會

日期: 8月28日(星期三)

時間: 下午5 - 6時

地點: SPLC 耆樂中心 - 康樂室
3333 Finch Ave East, Scarborough

主講: Sue Fong 方淑瑜
加拿大腎臟基金會安省分區, 社會發展統籌員

歡迎長者及關顧者參加
報名及查詢請致電: 416-493-3333

Kidney Health and Chronic Kidney Disease (Cantonese Workshop)

Content :

- Kidney functions and how it works
- Chronic kidney disease and its risk factors
- How to prevent or reduce the chance of developing chronic kidney disease

Date: August 28, 2019 (Wednesday)

Time: 5 pm - 6 pm

Venue: Senior Persons Living Connected - Recreation Center

Speaker: Sue Fong
Community Development Coordinator,
The Kidney Foundation of Canada – Ontario Branch

Older Adults, Caregivers of aging relatives are welcome!
For more information: please call (416) 493 – 3333