

Coping with Loss

Tuesday, May 14, 2019 1:30pm – 3:00pm

- ♦ The Challenges of Change
- ◆ The Emotional Impact of Loss (grief)
- ♦ The Spiritual Impact of Loss
- ◆ Crisis and Opportunity
- ♦ Coping Strategies
- **♦** Resources

Speaker: Fr. Dean Mercer

Language: English

Place: SPLC – Seminar Room C

3333 Finch Avenue East, Scarborough

For more information or to register please call: 416-493-3333

Everyone's Welcome!
Adults, Seniors, Caregivers & Service Providers
Light Refreshment is provided