



Walk

For Physical Activity
And Neighborhood Safety



42 Division

Learn How to Recognize Things Affecting the Safety of Your Neighborhood

What is in it for YOU?

- Walking promotes overall health.
- Walking groups can act as eyes of the community thus discouraging unlawful activities.

Date & Time: **October 8, Thursday, 10:30am – 11:30pm**

Route: Bamburgh Circle

Assembly Place: Steeles Library
375 Bamburgh Circle

Assembly Time: 10:15am – 10:30am

Reminders:

- Wear appropriate clothing and shoes.
- Bring a bottle of water.

For more information: Call 416 493 3333

Everyone is Welcome.

步行活動

為體能運動及鄰社間的安全為主

認識如何辨別影響您鄰近社區安全的事物



這項活動對您有何用?

- 步行能提升整體健康。
- 步行小組能夠起著審視社區的作用，從而防止非法活動的產生。

日期及時間：10月8日(星期四) 早上 10:30 – 中午 11:30

步行地點：Bamburgh Circle

集合地點：Steeles 圖書館
375 Bamburgh Circle

集合時間：早上 10:15 – 早上 10:30

提示： 穿著適當衣服及鞋。
帶備一瓶飲用水。

查詢詳情：請致電 416 493 3333

歡迎任何人士參加