

Fun Games

You're Never Too Old for a Game
Come, Play and Meet New Friends

Benefits of Playing Games:

- Improve quality of life
- Bring people together
- Enhance a sense of belonging and participation
- Bring laughter
- Help improve memory, reduce stress and remove a sense of isolation

Date: November 14, 2014 (Friday)

Time: 10:30am – 12:00pm

Venue: St. Paul's L'Amoreaux Centre

3333 Finch Ave E (southwest corner of Finch & Warden)

To Register or for more Info: Please call (416) 493 – 3333



Wear comfortable clothes.

Older Adults, Seniors and Caregivers are Welcome!



繽紛遊戲同樂日

只要您童心未泯

歡迎齊來參予、一同結識好友

玩遊戲好處多：

- 改善生活質素
- 凝聚不同人士
- 提升歸屬感及參予性
- 帶來歡笑
- 有助提高記憶力、減低壓力及消除孤立感



日期: 2014 年 10 月 14 日 (星期五)

時間: 上午 10:30 – 正午 12:00

地點: 聖保羅中心, 3333 Finch Ave E (Finch 夾 Warden 西南角)

登記及查詢詳情: 請致電(416) 493 – 3333

請穿著舒適服裝

歡迎年長成年人、長者及護理人士參加!