Alzheimer Society

TORONTO



Event for People with Dementia and their Family Caregivers

Community Counselling Clinic

Free Counselling at St. Paul's L'Amoreaux Centre



When:

Friday, Nov 14, 2014

Please call for appointment time

Where:

St. Paul's L'Amoreaux Centre 3333 Finch Ave East Toronto, ON M1W 2R9

Counselling provides:

- A safe and confidential space for you to ask questions about dementia and/or caregiving
- A chance for you to talk about your feelings
- Opportunity to obtain information
- Practical suggestions and strategies to help cope with your own or a family member's dementia
- Simple steps in planning for the future
- Personalized discussion about your circumstances and feelings that you might be experiencing

Counsellors are social workers, who are knowledgeable about dementia and caregiving issues.







TO REGISTER:

Please Call (416) 493-3333