



關顧者輕柔運動快樂遊戲

(廣東話)

2018年3月28日(星期三)

內容: 下午 5:30 – 6:30

耆樂中心 - 康樂室

3333 Finch Avenue East

主講/: Evelyn Lau & Tracy Yuan

歡迎長者及照顧長者家人參加。

請將車輛停泊於 Bridlewood 商場低層東南角。

查詢及報名請致電顧客諮詢服務(416)493-3333。



Caregiver Gentle Exercise and Happy Game (Cantonese)

Date: March 28, 2018 (Wednesday)

Time: 5:30 – 6:30

Speaker/Instructor: Evelyn Lau & Tracy Yuan

Location: Senior Persons Living Connected – Recreation Room

3333 Finch Ave East

Pre-registration required : ☎ SPLC 416-493-3333

Partly Sponsored by: Ministry of Health and Long Term Care
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