

# Protect Yourself from Infectious Diseases (English)

## Learn About:

- Flu Prevention
- Personal and Hand Hygiene
- Facts about COVID-19

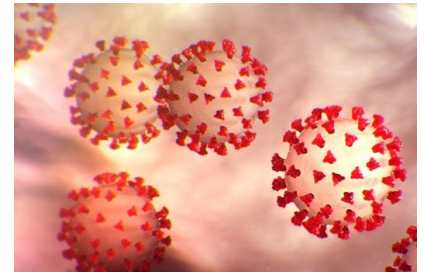


**Speaker: Saipiriya Sridaran, RN**  
SPLC Clinical Services Coordinator

**Date: March 13, Friday**

**Time: 2:00pm – 3:30pm**

**Place: SPLC** (Senior Persons Living Connected) – Recreation Room  
3333 Finch Ave. East



**For more information or to register:**

Please call (416) 493 – 3333

Everyone is welcome including older adults, &  
caregivers of aging relatives.