



健康講座（廣東話-普通話翻譯）

預防感染疾病

講座內容：

- 預防流感
- 個人衛生及清潔雙手
- 新型冠狀病毒

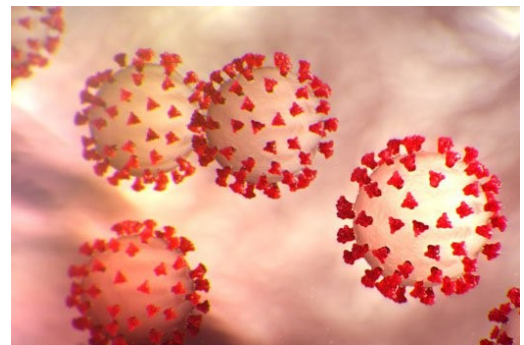


日期：3月12日(星期四)

時間：下午5:00 - 6:00

主講：郭詠觀醫生

地點: SPLC耆樂中心- 康樂室
3333 Finch Avenue East
(Finch and Warden)



查詢及報名請致電： 416 - 493 - 3333

歡迎長者和照顧長者人仕參加！

Free Workshop – Protect Yourself from Infectious Diseases
(Cantonese with Mandarin Interpretation)

Speaker: Dr. Jason Kwok

Date: March 12, Thursday

Time: 5:00pm – 6:00pm

Place: Senior Persons Living Connected – Recreation Room
3333 Finch Ave. East

To register, please call (416) 493 – 3333

Older adults, & caregivers of aging relatives are welcome!