

營養與骨骼健康 (粵語/普通話)

2025年12月30日，星期二，下午3:00-5:00

地點: 耆樂中心 - 康樂室, (3333 Finch Ave East, Scarborough)

講員: 黃姑娘, 袁姑娘

**詳情及報名, 請致電耆樂中心 (416) 493 - 3333 轉821
或發電郵至 chinese@splc.ca**



Nutrition and Bone Health (Cantonese/Mandarin)

Tuesday, December 30, 2025 3:00pm-5:00pm

Location: SPLC - Recreation Room

Facilitators: Pamela Wong & Tracy Yuan

Preregistration is required

**For More Information or To Register:
Please Call 416-493-3333 x 821 Or email chinese@splc.ca**



Senior Persons Living Connected

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