

# Active Minds & Brain Boosters Sessions

**Time: 10:30am-12:00pm**

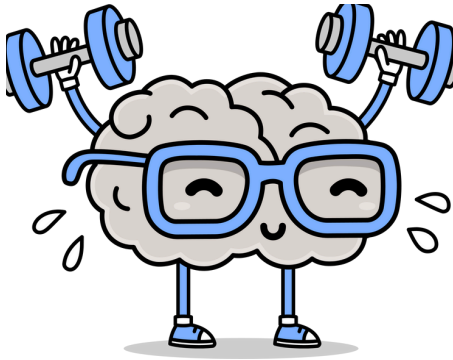
**November 14<sup>th</sup> 2025**

**November 28<sup>th</sup> 2025**

**December 12<sup>th</sup> 2025**

**December 19<sup>th</sup> 2025**

**Location: In-person Seminar Room C**



**Monthly Lunch and Learn for \$5**

**Join us to meet new friends  
and enjoy fun activities that  
keep your mind active**

**For more information or to pre-register please contact**

**(416)-493-3333 EXT 820 or email [english@splc.ca](mailto:english@splc.ca)**