

耆樂中心

看顧者分享小組 (普通話)

日期: 2026 年 1 月 6 日 , 2 月 3 日, 3 月 3 日

每月第一個星期二

時間: 上午 10:30-11:30

地址: SPLC 耆樂中心 餐廳內會議室 C , 3333 Finch Ave E, Scarborough

與其它看顧者建立聯繫/彼此分享看顧經驗及資源

尋求並提供情感支持/互相學習應對策略

歡迎照顧年長家人親友的看護者參與! **名額有限 , 需預先登記**

更多查詢請致電 SPLC: 416-493-3333 轉分機 821 或發電郵至 chinese@splc.ca



Mandarin Caregivers Sharing Group

Date and Time Dec 02 2025, Jan 06, Feb 03, Mar 03 2026, 10:30am-11:30am 1st Tuesday of Each Month

Location : SPLC Seminar Room C (inside the Terrace restaurant) 3333 Finch Ave E, Scarborough

Connect with Peer Caregivers/Share Caring Experience& Resources/Find and Provide Emotional Support/Learning Coping Strategies

Caregivers of Aging Relatives Are Welcomed!

Limited Space, Pre-registration is required,

For Registration please call SPLC 416-493-3333 ext 821 or EMAIL: chinese@splc.ca



Senior Persons Living Connected

✉ info@splc.ca

🌐 www.splc.ca

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