

Are You Providing Care for Family, Friend or Neighbour?

Friday, February 6, 2026

10:00am – 11:00am

Via Zoom

Speaker:

The Ontario Caregiver Organization



At some point in our lives, many of us will take on the role of supporting someone in our life —whether it's taking them to appointments, checking in regularly, or helping with daily tasks. While you may not necessarily see yourself as a 'caregiver', you truly are providing vital care and making a meaningful difference in the lives of others.

This presentation is a chance to recognize the important caregiving role you play and learn about free programs, services, and resources available through the Ontario Caregiver Organization that can support you.

For More Information or To Register:

Please Call 416-493-3333 Ext 820 or Email english@splc.ca

Zoom link will be provided upon registration

Offered by:

SPLC (Senior Persons Living Connected)

The Ontario Caregiver Organization



Everyone is welcome!

Older adults, seniors, caregivers & service providers



Senior Persons Living Connected

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